

# BROOKLETTS PLACE TALBOT SENIOR CENTER 400 BROOKLETTS AVENUE \* EASTON, MD

## **MARCH 2016**

400 BROOKLETTS AVE			MARCH 2016	
410-822-2869	INOL LACTON, MD			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calendar of Events on the WEB:  www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshoreseni or.com/content/talbotseniorc entercalendar	1 8:00 Enhance Fitness 8:30 Facebook 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 10:30 Computer Basics WORD 12:00 Lunch 12:30 Pinochle 1:30 AARP Meeting  American Red Cross  American Red Cross Month	8:30 Beginning Computer 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	3 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
7 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong 1:30 Ukulele Beginner Class	8 8:00 Enhance Fitness 8:30 Facebook 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 FREE Craft St. Patty's Day Cross & Easter Egg Magnets 10:00 Contract Bridge 10:30 Computer Basics WORD 10:30 Cabin Fever Relievers 12:00 Lunch 12:30 Pinochle 1:30 Ukulele Beginner Class	9 8:30 Comm. On Aging 8:30 Beginning Computer 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 10:30 Blood Pressure Screening 11:00 Duplicate Bridge 12:00 Lunch 1:30 Ukulele Beginner Class	10 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Edward Jones Seminar "Why You Need an Estate Plan" 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch/Gene Edwards 1:30 Ukulele Beginner Class 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 11:30 Dutch Lunch Out @ Jimmys & Sooks 12:00 Lunch 12:30 Mahjong	8:00 Enhance Fitness 8:30 Facebook 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 10:30 Computer Basics WORD 11:30 Lunch w/Vietnam Veterans of America Chapter #648 12:30 Pinochle	8:30 Beginning Computer 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch  St. Patrick's Day  Everyone's Irish On March 17th.	8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Edward Jones Seminar "Preparing Your Estate Plan" 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 11:00 The Art of Cooking w/ Sharon Harrington 12:00 Lunch w/Bay Hundred Christian Men of Talbot County 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 9:00 Ceramics 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class  The First Day of Spring  Is March 20, 2016
8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong  Fire Prevention Month	8:00 Enhance Fitness 8:30 Facebook 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 FREE Flowers for the Table w/Diana 10:00 Contract Bridge 10:30 Computer Basics WORD 10:30 Cabin Fever Relievers 12:00 Lunch w/TriHearn: Celtic Ceilidh Concert 12:30 Pinochle	8:30 Beginning Computer 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch and Learn w/ University of MD Health Advantage 5:00 TOPS	CLOSED  GOOD FRIDAY
28 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong	8:00 Enhance Fitness 8:30 Facebook 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 10:30 Computer Basics WORD 11:30 St. Patrick's Day Luncheon Celebration w/Shelley Abbott 12:30 Pinochle	30 8:30 Beginning Computer 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	31 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS	VISIT US ON OUR NEW WEBSITE:  www.brooklettsplace.org  VISIT US ON FACEBOOK AT  BROOKLETTS PLACE –  TALBOT COUNTY SENIOR CENTER

#### **BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER - MARCH 2016** Visit our Facebook Page: Brookletts Place - Talbot County Senior Center

### **OUTINGS & EVENTS**

Thurs., March 10 – (12:00 p.m. – 1:00 p.m.) Lunch/Music with Gene Edwards Review (digital keyboard and vocal music, featuring a full array of amazing hits); regular suggested lunch contribution or you may bring your own lunch. Advance sign up for lunch is required by February 26 or you may bring your own lunch.

Mon., March 14 - (11:30 a.m. - 1:30 p.m.) Dutch Lunch out to Jimmie and Sook's in Cambridge. The bus will leave the Center at 11:00 a.m. Advance sign up is required by Monday, March 7.

Tues., March 15 - (11:30 a.m. - 1:00 p.m.) Lunch with The Vietnam Veterans of America Chapter #648. The Vets will present a Roundtable Ceremony to Honor Fallen Comrades. Advance sign up for lunch is required by Monday, March 1 or you may bring your own lunch...

Thurs., March 17 (12:00 p.m. – 1:00 p.m.) Lunch/Music with Bay Hundred Christian Men's Choir. In 2005, Rev. K. C. Lee, the former Pastor of Royal Oak Community United Methodist Church, had a vision of bringing together men from various churches within the Bay Hundred area to spread the gospel through song. The Bay Hundred Christian Men have performed at many area churches and local events to include performing at the nursing homes. The group is made up of men from Royal Oak Community U. M. C.; St. Luke U. M. C., Bellevue; New St. John U. M. C.; Tilghman U. M. C.; Bozman-Neavitt U. M. Churches and the Easton Church of God. Advance sign up for lunch is required by

Monday, March 3 or you may bring your own lunch.

Tues., March 22 (12:15 p.m. – 1:00 p.m.) TriHearn: Celtic Ceilidh Concert TriHearn is made up of siblings Caitlin (fiddle and vocals), Brendan (cello, guitar, bass, vocals), and Conor Hearn (fiddle, guitar, vocals). The DC- born, Cleveland-based group describes their sound as a mix of Irish, Scottish, Quebecois and American folk and new acoustic music. Made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, Mid-Shore Community Foundation MSCF, Dock Street Foundation, Brookletts Place and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF. Advance sign-up for lunch is required by March 8 or you may bring your own

bring your own. Thurs., March 24 (12:00 p.m. – 1:00 p.m.) Lunch and Learn with University of MD Health Advantage. They will be conducting a quick presentation on Mental Wellness for Seniors. It will include tips and exercises to promote overall mental health in your senior years. <u>Advance sign-up for lunch required by March 10<sup>th</sup></u> or you may bring your own.

<u>Tues., March 29</u> – (11:30 a.m.) St. <u>Patrick's Day Luncheon</u> with Shelley Abbott. <u>Advance sign-up for lunch required by March 14</u> or you may bring your own.

<u>UPCOMING TRIPS</u>: All trips open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

For a complete list of 2016 Trips, please visit our website <u>www.brooklettsplace.org</u> or stop by the senior center and pick up a copy of our 2016 Travel Log.

<u>May 5, 2016</u>

<u>Air Mobility Command Museum & Dover Doves Casino</u> \$20.00 per person. The bus will leave Kohl's parking lot 8:00 a.m. We will travel to the

June 6 - 10, 2016

August 18-19, 2016

October 2-9, 2016

March 12-24, 2017

Air Mobility Command Museum, an over 20,000 sq. ft. of inside aircraft display and exhibit space, plus an attached building of 6,400 sq. ft. that houses a theater, museum store, artifact storage, etc. Outside the hangar is Commemoration Park, a tranquil area dedicated to those who served so honorably, plus an airpark featuring large airlifters. Then we travel to Dover Downs where everyone must have a legal, valid photo ID to sign up for a Capital Club Card; this will give you a \$2.00 discount at the Festival Buffet. PAYMENT IN FULL IS DUE BY FRIDAY, MARCH 25, 2016

<u>Shorebirds Game</u> \$25.00 per person includes transportation, admission to the game with a food voucher for hot dog, chips and drink. The bus will leave the Senior Center 8:30 a.m. to arrive at Perdue Stadium for a 10:30 a.m. game against West Virginia Power. PAYMENT IN FULL IS May 18, 2016

DUE BY MONDAY, APRIL 18, 2016

Asheville & The Biltmore, NC & Pigeon Forge, TN 5 Days/4 Nights, \$700 per person double occupancy/\$895 per person single occupancy: Package includes: 4 nights lodging, including overnights, 4 breakfasts, 4 dinners, including Blue Ridge Mountain Opry/Buffet, Dixie Stampede Dinner Show & Soul of Motown Dinner Show, Biltmore Estate, Garden & Winery Tour, Smoky Mountain Opry, Admission to Dollywood, Titanic Museum, Ole Smoky Moonshine Distillery Tour & Tasting, souvenir gift, luggage handling, all taxes, all gratuities and motor coach transportation. \$150.00 PER PERSON DEPOSIT IS DUE BY MONDAY, JANUARY 15, 2016. (There is still time to sign-up for this trip) FINAL PAYMENT IS DUE BY FRIDAY, MARCH 18, 2016

Sands Casino, Bethlehem, PA \$255.00 per person single rate, \$185.00 per person double rate, \$160.00 per person triple rate, \$150.00 per person quad rate. Trip will include overnight accommodations, One Buffet Voucher, One Continental Breakfast, \$40 Free Slot Play from Casino

person quad rate. Trip will include overnight accommodations, One Buffet Voucher, One Continental Breakfast, \$40 Free Slot Play from Casir and one Discount Coupon Booklet to the Outlets at Sands. Also includes luggage handling (including gratuities), Motorcoach transportation (includes gratuities). The bus will leave Kohl's parking lot *Thursday, August 18th* at 7:00 a.m. with arrival at the Casino at 10:00 a.m. We will depart the Casino *Friday, August 19th* at 3:00 p.m. with anticipated arrival in Easton at 6:00 p.m. *DEPOSIT OF \$100.00 IS DUE BY MONDAY, MARCH 7, 2016 FINAL PAYMENT IS DUE BY MONDAY, JUNE 13, 2016*Western Mediterranean Cruise 8 Days/7 Nights with Royal Caribbean Cruise Line on the Harmony of the Seas. Inside Cabin Category K – \$3,359 per person, Outside Cabin Category G \$3,664 per person, Balcony Cabin Category D6 - \$3,238 per person. \$350 initial deposit per person double occupancy or \$700 per person single occupancy is required by February 16, 2016 to secure reservations and assign cabins. FINAL payment due by June 17, 2016. Rates are per person, double occupancy, and include roundtrip transportation to and from the airport, roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. ROYAL CARIBBEAN HAS ADVISET roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. ROYAL CARIBBEAN HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. PASSPORT REQUIRED

Exploring Scotland & Ireland 13 Days/12 Nights \$4,099.00\*/per person double occupancy, \$4,699.00/single occupancy, \$4,049.00/per person triple occupancy. 17 Meals: 11 Breakfasts & 6 Dinners. Highlights include: Highlights of this 13 day escorted tour: Guided tour of Edinburgh, visit Palace of Holyroad house, home to Mary, Queen of Scots; St. Andrews - famous for the game of golf; a scenic cruise on the Loch Ness; visit one of Scotland's renowned whiskey distilleries; guided tour of Glasgow; ferry crossing to Belfast; visit the Titanic Experience Museum; travel the Antrim Coastal Route, stopping at the Giant's Causeway; Guided tour of Glenveagh Castle –one of the finest gardens in Ireland; Dublin for 2 nights include guided tour of city highlights; an Irish Night; and much more. Trip includes: Roundtrip transportation to and from the airport, Round trip air from Baltimore Washington Airport, Air taxes and Fees/Surcharges, Hotel Transfers. <u>A deposit of \$250 per person</u> due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of September 06, 2016 are based upon availability. Final payment due by January 11, 2017. Please note: deposits are fully refundable up until September 13, 2016, after that date certain charges apply. \*All rates are per person and are subject to change, based on air inclusive package from BWI. Cancellation Waiver and Insurance of \$280 per person is not included in price. PASSPORT REQUIRED

FREE PROGRAMS: Advance sign-up requested for most programs – <u>PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS</u>

AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME

CASES A FEE MAY APPLY FOR NO SHOWS!!

Tues., March 8 - (10:00 a.m. – 11:00 a.m.) Free St Patty's Day Cross & Easter Egg Magnet Craft - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann

Harris, Anne Russell & Judith Grobler. Limited to 20 participants – Advance sign-up is required.

Tues., March 8 & 22– (10:30 a.m. – 11:30 a.m.) Cabin Fever Relievers – Horticultural Lecture Series with Mikaela Boley of Talbot County Master Gardeners with topics to include:
Body-Wise Gardening, Edible Landscaping, CSI-Garden, and more! Advance sign-up is required.

Thurs. March 10 - (10:30 a.m. - 11:30 a.m.) Edward Jones Seminar with Tom Duncan presents "Why You Need an Estate Plan". This presentation will look into strategies investors may want to consider when planning their estates, including: How one's assets are distributed to family, Who takes care of a minor or special needs child, Who makes medical or financial decisions if one can't make those decisions for him or herself. Advance sign-up is required.

Tues., March 17 – (10:30 a.m. – 11:30 a.m.) Edward Jones Seminar with Tom Duncan presents "Preparing Your Estate Plan". During the seminar, participants will learn more about: What to consider when creating a will, Benefits of trusts in estate planning, How to help reduce taxes on one's estate, How insurance can help protect one's family.

Advance sign-up is required.

Tues., March 22 - (10:00 a.m. - 11:00 a.m.) "Flowers for the Table" Learn simple flower arrangements with Diana. Advance sign up is required - limited space. PLEASE NO WALK-INS. Also note if you sign up for this class and do not notify us that you are unable to attend, you will be charged a \$5.00 fee. SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Mon., March 7 Thurs., March 10 (1:30 p.m. 2:45 p.m.) Ukulele Beginner Class with Victoria Vox Fee: \$100 for Session. To register and more information send an email to: MichelleMosher@CarpeDiemArts.org. Space is limited. Financial Aid available.

  Thurs., March 17 (11:00 a.m. 1:00 p.m.) Cooking Class "The Art of Cooking" with Sharon Harrington. So you think you know corned beef? Some twists in the
- traditional corned beef and cabbage. \$5.00 per person MUST be paid prior to class. Advance sign up is required.
- Advanced Beginners Watercolor Class Every Monday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Gentle Yoga with Cyndi Prudhomme Every Wed. (9:00 a.m. 10:00 a.m.) \$8.00 per class drop-in fee
- Intermediate Watercolor Every Thursday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor

  Beginning Oil Painting Every Wednesday (9:00 a.m. 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- Zumba Gold Every Fri. (9:00 a.m. 9:45 a.m.) Cyndi Prudhomme, Instructor \$30.00 per session or \$5.00 per class drop in fee Keyboard /Guitar Lessons Every Friday (10:30 a.m. - 11:30 a.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- Spanish Fun Conversation Class Every Friday (1:00 p.m. 2:00 p.m.) \$5.00 per week taught by Roberto Padron

## OTHER PROGRAMS:

- Mahjong Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome 1st Friday of each month is designated as "New Players Day". Come and learn!
- Contract Bridge Every Tuesday 10:00 a.m. in Exercise Room #2 Free Instruction for Beginners with advance notice Pinochle Every Tuesday 12:30 p.m. in the Game Room Willing to teach Beginners at any time
- Shore Line Dancing Every Tuesday 7:00 p.m. 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-

- <u>Video (Wii) Bowling</u> Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team! <u>Blood Pressure Screening</u> 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month at 10:00 a.m. <u>Elder Law Clinic</u> Every 4<sup>th</sup> Thursday 10:00 a.m. 1:00 p.m. <u>BY APPOINTMENT ONLY</u> Contact Mid-shore Pro-Bono at 410-690-8128
- Canasta Every Thursday 11:00 a.m. in the Upstairs Lobby Currently for those who already know how to play. Beginners instruction 1st Wednesday of each month from 12:00 p.m. 3:00 p.m. Advance notice requested for instruction

  Poetry at Noon Every Friday in the Conference Room
- Inclement Weather Procedures Closing information will be available on the following:
  - WBAL TV Baltimore Channel 11 WJZ TV Baltimore Channel 13